

Project Workplan for Údarás na Gaeltachta for Cloughaneely Community Development Programme 2016

Pobail le Chéile has a long established track record in developing and delivering targeted community development work focusing on disadvantage, poverty and social exclusion. The project has also extensive experience in activation-related initiatives supporting young long-term unemployed people, both on the live register and not, and in providing work experience placements, on-the-job training and skills development training. It is well-recognised in health, economic, social and family support circles, that west Donegal is very poorly served in terms of community-based social, local and social economy services and supports, we believe a small investment in co-operative and collaborative community development can continue to challenge these deficits. With the changes to state funding for local level community development and community support work, the company recognises the significant level of financial support proposed from Údarás na Gaeltachta to deliver the following range of targeted local actions.

This investment will enable Pobail le Chéile to seek, access and lever additional funding to deliver initiatives to build a sustainable and healthy community in close cooperation with a range of community, statutory and other bodies. These could include resources to support long-term unemployed young adults, to target alcohol-related harms, to research and develop small-scale local social economy projects etc. Recognising the unique linguistic and cultural location of the project, the board and staff will endeavour to fulfil the terms of its Gaeilge Language Policy. This will entail language training for both core staff and specialist language actions as well as integrating the Irish language into our daily work.

Target Groups for Pobail Le Chéile CDP.

Long Term Unemployed	Disadvantaged Women
People with a disability	Disadvantaged Youth
Lone Parents	Short Term Unemployed (UNDER 1 YEAR)
Low income small-holders	Under-employed and Seasonal Workers
Older People	Homeless people
Substance Mis-users and their families	Disadvantaged Communities
Parents/Guardians/Carers of young people at risk	Young Offenders
Isolated Men & Isolated Women	Potential Early School Leavers/Young People at risk of under-achieving
Young People with special educational or behavioural needs	Low income families and children (Inc. Carers, Young Carers)
LGBT People (& young people)	Migrant Workers / including returning local migrants as well!

Liaison, partners and collaborators with Pobail le Chéile initiatives

H.S.E. /Community Health Forum	Health Promotion (HSE)	ETB/Intreo	Údarás na Gaeltachta
Citizens Information	Letterkenny Institute of Technology	SVP	Ionad Machaire Rabhartaigh
Tourism & Traders Association	Good Morning Service	Coiste Paróiste / Parish Development	Pobal Eascarrach
Belong To/BreakOut!	Donegal Youth Service	Donegal CWC/CDA	APEX Social Housing Assoc.
Mental Health Association.	Foróige	Dunfanaghy FRC	Educational Guidance Service (ETB)
Garda Youth Diversion Project	Donegal Women's Centre	Donegal Domestic Violence Service.	Women's Aid
Jigsaw Youth Mental Health Service	Glenties MD & County PPN	Donegal County Council	Donegal Travellers (& Roma) Project
County Community Health Network	Falcarragh & Dunfanaghy Carers Group	Donegal Intercultural Platform	Donegal Local Development Company
CDP na Rosann Teo.	M.A.B.S.	PCC & Pobalscoil Gaoth Dobhair	Age & Opportunity Ireland
County Childcare Committee	Donegal Youth Council	Age-Friendly Strategy (DCC)	Falcarragh Development Committee
parkrun Falcarragh	Social Prescribing Project (HSE)	Family Support Pathways/Network (TUSLA)	Donegal Mind Wellness charity

Proposed Integrated Work Programme 2016

Theme	Aim	Activities	Outputs	Strand
1. Unemployment and Inclusion	Engage long-term unemployed people with confidence-building, learning opportunities, practical supports and sustainable employment research & advocacy	<p>a. Design, develop and deliver a personal development and confidence-building initiative for long term unemployed young adults not in training or education (Stepping Stones)</p> <p>b. Link with local TÚS programme to design and deliver meaningful on-the-job training for long-term unemployed adults (Youth work, Siopa Pobail etc.)</p> <p>c. Develop and deliver a welfare rights support service providing local advocacy and training</p> <p>d. Launch and manage the Falcarragh Men's Shed / & support parkrun</p> <p>e. Provide supports to local exiting and returning economic migrant workers through workshops, advice, referral</p> <p>f. Identify and offer supports to migrants and new community members in greater Cloughaneely area</p> <p>g. Win resources via SICAP to deliver work readiness training for unemployed adults and adult education course programme</p>	<p>'Advance' confidence course for 12 y/adults</p> <p>Enterprise-Us small sustainable employment project with between 2&4 young adults</p> <p>Range of accredited and non-accredited courses for 20+ trainees</p> <p>Advocacy support service plus advocacy training 2 education workshops for 15+ learners</p> <p>26 weeks of men's shed activity, 10 + men: Development training parkrun volunteer team</p> <p>Returning from working abroad information and advice programme to 20+ people/families</p> <p>3 Intercultural activities/events/celebrations</p> <p>2 Adult work readiness courses in 2016</p> <p>Series of adult day and night classes</p>	<p>(iv)</p> <p>(i)</p> <p>(iii)</p> <p>(v)</p> <p>(ii)</p>
2. Children & Youth	To provide local initiatives to support non-formal education	<p>h. Pre & afterschools supports for disadvantaged families</p> <p>i. Deliver a Youth engagement project targeting 13-25 year olds with non-formal education, recreation and personal development programmes</p> <p>j. Design and Deliver a special Irish Language and Cultural project with 13-18 year olds</p> <p>k. With SICAP funding design and deliver a 'Stay at School' project with 15/16 year olds</p> <p>l. TeamTeanga – working group on Irish language based youth actions through 2016</p>	<p>24 weeks Páistí le Chéile sessions for 20 families</p> <p>20 weeks of afterschools activity</p> <p>42 weeks of youth programmes, including accredited training, child protection, leadership for 20+ people</p> <p>Seachtain na Gaeilge youth activities (Cad é Teanga)</p> <p>Talamh Teanga project - placenames map and stories</p> <p>Staying Power – stay-at-school project</p> <p>Produce and activate an Irish language Youth Work Policy</p>	<p>(i)</p> <p>(ii)</p> <p>(v)</p> <p>(ii)</p> <p>(ii)</p> <p>(ii)</p>
3. Older People	Support active age and older people's supports	<p>m. Continue to support and extend the work of the Cumann Cairdeas over 50s group, extend participation to adults of all ages</p> <p>n. Support and promote the work of the Maidin Mhaith – Bi-lingual Good Morning Service and new Dementia Befriending Service</p> <p>o. Work TÚS and GMS to research & develop a local care and repair scheme for older and vulnerable people</p>	<p>40 weeks education & culture programme</p> <p>50 weeks of calls and supports. Dementia Support Workshop</p> <p>2 person team to deliver care and repair service</p>	<p>(i)</p> <p>(ii)</p> <p>(iii)</p>
4. Disability and Inclusion	Achieve higher levels of inclusion in the economic &, social life of people with disabilities	<p>p. Design and develop a local strategy to make Cloughaneely a Disability Friendly Community</p> <p>q. Support the work of local initiatives including the Mental health Assoc. Disability Connexions , HSE projects, Derryveagh Health Forum</p> <p>r. Organise a local disability awareness conference to promote achievements, develop tourism potential with SICAP resources.</p>	<p>Range of local awareness events, workshops and research project.</p> <p>Practical local improvements</p> <p>Organise at least 12 support actions including work placement/experience, sheltered employment opportunities & enhanced employer awareness</p> <p>Winter conference on disability inclusion</p>	<p>(i)</p> <p>(ii)</p> <p>(iii)</p> <p>(iv)</p> <p>(v)</p>
5. Information and Representation	Promote active citizenship through information and local representation	<p>s. Develop the Glór don Phobal as a local information resource with Welfare rights, education and health features.</p> <p>t. Develop the free community Internet Access Service for Access to rights& entitlements information</p> <p>u. Develop and deliver Béal an Phobail project – with film, community workshops etc. In tandem with An Plean Teanga</p> <p>v. Continue to implement and develop Irish Language policy and identify local supportive actions that complement grassroots language development</p> <p>w. Continue to support and engage with An Plean Teanga committee and its work.</p>	<p>Monthly bi-lingual community newsletter</p> <p>Extended public information service</p> <p>Gaeilge promotion through SnaG fortnight</p> <p>3 distinct local language initiatives (Club Teanga, Béal and Youth etc)</p> <p>Full participation in local Strategy Committee</p>	<p>(i)</p> <p>(ii)</p> <p>(iii)</p> <p>(iv)</p> <p>(v)</p>

Crosscutting Strands

As well as the 5 themes as outlined above, there are a number of cross-cutting aspects that will inform our work.

- (i) **Community Development Practice** – the development of collaborative and partnership approaches with local and county-wide stakeholders, to impact positively for the most socially excluded and those most distant from the labour market
- (ii) **Promotion of use of Gaeilge** supporting An Plean Teanga under the 20 Year Strategy and through bi-lingual publications and our activities. These activities would include building bi-lingualism into our general work and developing complementary local language actions. We updated our Language Policy at our November Meeting in 2015 and have a number of clear language-based actions in the 2016 workplan. We will also establish and resource a bursary scheme to subsidise the study and exam fees for Irish language tuition for staff, trainees and project volunteers. Also now placing our Irish Language work and Plean teanga work on the agenda of every Board of Directors Meeting
- (iii) **Health And Wellbeing** – Supporting community involvement in a range of local health promotion and positive wellbeing strategies in partnership with the Community Health Forum, the Primary Care Team, TUSLA and the Health Service Executive
- (iv) **Economic development:** the social economy, environment and tourism – Promoting community engagement in economic activities, particularly in developing local sustainable, renewable and environmentally conscious initiatives
- (v) **Equality, Intercultural Awareness and Inclusion** – Promoting an Equality framework and programmes through education and inter-cultural initiatives

These proposals have been developed in consultation with the board and staff of Pobail le Chéile, with our extensive team of experienced volunteers and through focus group discussion with a number of participant/client groups across the district of Cloughaneely. The proposed workplan was tabled. Amended and endorsed at the January meeting of the Board of Directors of Pobail le Chéile on 27/01/2016.

The company undertakes to ensure that both staff and trainees are offered (and in the case of core staff they uptake appropriate Irish language accredited training under the TEG scheme). This will also be offered to volunteers and the company will resource the tuition fees of all Irish language students applying for the study bursary scheme (See (ii) above.