

Annual Work Plan 2018

(Draft)



Pobail le Chéile Community Development Project CLG

December 2017



Workplan for Cloughaneely Community Development Programme 2018

Pobail le Chéile has a proven track record in developing and delivering targeted community development work focusing on disadvantage, poverty and social exclusion. The project has also extensive experience in initiatives supporting young long-term unemployed people, both on the live register and not, and in providing work experience placements, on-the-job training and skills development training.

It is well-recognised that west Donegal is very poorly served in terms of community-based services and supports, and PLC believe a small investment in co-operative and collaborative community development can make a significant contribution to challenging these deficits. With the changes to state funding for local level community development and community support work, the company recognises the significant level of financial support provided by Údarás na Gaeltachta to help deliver the following range of targeted local actions.

Continued State support in 2018 will enable Pobail le Chéile to seek, access and secure additional funding to deliver initiatives to build a sustainable and healthy communities in close cooperation with a range of community, statutory and other bodies. These could include resources to support long-term unemployed young adults, to target alcohol-related harms, to research and develop small-scale local social economy projects, assist young adults with special needs, teenagers etc.

Recognising the unique linguistic and cultural location of the project, the board and staff will endeavour to fulfil the terms of its Gaeilge Language Policy. This will entail language training for both core staff and specialist language actions as well as engagement with the Local Pleanáil Teanga process and the integration of the Irish language into more aspects of our daily work.

Target Groups for Pobail Le Chéile CDP.

Long Term Unemployed	Disadvantaged Women
People with a disability	Disadvantaged Youth
Lone Parents	Short Term Unemployed (UNDER 1 YEAR)
Low income small-holders/workers	Under-employed and Seasonal Workers
Older, Isolated and Vulnerable People	Homeless people
Substance Mis-users and their families	Disadvantaged Communities
Parents/Guardians/Carers of young people at risk	Young Offenders
Isolated Men & Isolated Women	Potential Early School Leavers/Young People at risk of under-achieving
Young People with special educational or intellectual needs	Low income families and children (Inc. Carers, Young Carers)
LGBT People (& young people)	Migrant Worker/Refugees / Asylum Seekers / including returning local migrants!

Liaison, partners and collaborators with Pobail le Chéile initiatives

H.S.E. / Community Health Forum	Health Promotion (HSE)	ETB / YouthReach /Intreo	Údarás na Gaeltachta
Citizens Information Service	Letterkenny Institute of Technology	SVP	Ionad Machaire Rabhartaigh
Tourism & Traders Association	Good Morning Service	Coiste Paróiste / Parish Development	Pobal Eascarrach
Belong To/BreakOut!	Donegal Youth Service	Community Work Ireland	APEX Social Housing Assoc.
Mental Health Association.	Foróige	Dunfanaghy FRC	Donegal ETB / An Cosán VCC / Changemakers
Garda Youth Diversion Project	Donegal Women's Centre	Donegal Domestic Violence Service.	Women's Aid
Jigsaw Youth Mental Health Service	Glenties MD & County PPN	Donegal County Council	Donegal Travellers (& Roma) Project
County Community Health Network	Falcarragh & Dunfanaghy Carers Group	Donegal Intercultural Platform	Donegal Local Development Company
CDP na Rosann Teo.	M.A.B.S.	PCC & Pobalscoil Gaoth Dobhair	Age & Opportunity Ireland
County Childcare Committee	Donegal Youth Council	Older person's Council (DCC)	Bothan na bhFear – Men's Shed
parkrun Falcarragh	Social Prescribing Project (HSE)	Family Support Pathways/Network (TUSLA)	Donegal Mind Wellness charity

Proposed Integrated Work Programme 2018

Theme	Aim	Activities	Outputs	Strand
1. Unemployment and Inclusion	Engage long-term unemployed people with confidence-building, learning opportunities, practical supports and sustainable employment research & advocacy	<ul style="list-style-type: none"> a. Develop our capacity to provide both on-site and distance learning opportunities for young people and adults b. Link with TÚS programme to design and deliver meaningful on-the-job training for long-term unemployed adults (Youth work, Siopa Pobail etc.) c. Develop and deliver a welfare rights support service providing local advocacy and training d. Continue to support Falcarragh Men's Shed / & support parkrun e. Provide supports to local exiting and returning economic migrant workers through workshops, advice, referral f. Identify and offer supports to migrants and new community members in greater Cloughaneely area g. Negotiate resources via SICAP 2 to deliver community development supports, courses and new projects supports h. Environmental and sustainability Programme 	<p>Ongoing VCC, ETB and related courses QQI Level 3 Accredited Course in Horticulture Range of accredited and non-accredited courses for 20+ trainees</p> <p>Advocacy support service plus advocacy training 2 education workshops for 15+ learners 40+ weeks of men's shed activity, 30 + men: Development training parkrun volunteer team Returning from working abroad information and advice programme to 20+ people/families 2 Intercultural activities/events/celebrations 2 Adult work readiness courses in 2018 Series of adult day and night classes 6 Community workshops and new Green Sustainability Policy (PLC)</p>	<ul style="list-style-type: none"> (iv) (i) (iii) (v) (ii) (v) (iv) (i) (i) & (iv)
2. Children & Youth	To provide local initiatives to support non-formal education	<ul style="list-style-type: none"> i. Pre & afterschools supports for disadvantaged families j. Deliver a Youth engagement project targeting 13-25 year olds with non-formal education, recreation and personal development programmes k. Design and Deliver a special Irish Language and Cultural project with 13-18 year olds during 2018 l. With SICAP funding design and deliver a 'Stay at School' project with 15/16 year olds m. TeamTeanga – working group on Irish language based youth actions 2018 	<p>24 weeks Páistí le Chéile sessions for up to 20 families 20 weeks of afterschools activity (TUSLA & SICAP 2) 42 weeks of youth programmes, including accredited training, child protection, leadership for 20+ people Seachtain na Gaeilge youth action Irish Language focused project with Secondary Level students Staying Power – stay-at-school project</p> <p>Produce and activate an Irish language Youth Work Policy & 3 2018 actions</p>	<ul style="list-style-type: none"> (i) & (ii) (ii) (ii) & (v) (ii) (ii) (ii)
3. Older People	Support active age and older people's supports	<ul style="list-style-type: none"> n. Continue support & develop work of the Cumann Cairdeas over 50s group, extend participation to wider age range o. Support and promote the work of the Maidin Mhaith – Bi-lingual Good Morning Service and new Dementia Befriending Service p. Work TÚS and GMS to research & develop a local care and repair scheme for older and vulnerable people 	<p>40 weeks education & culture programme</p> <p>50 weeks of calls and supports. Dementia Support Workshop</p> <p>Explore setting up 2 person team to deliver care and repair service (TÚS)</p>	<ul style="list-style-type: none"> (i) (ii) (iii)
4. Disability and Inclusion	Achieve higher levels of inclusion in the economic &, social life of people with disabilities	<ul style="list-style-type: none"> q. Design and develop a local programme to make Cloughaneely a more Disability Friendly Community r. Support the work of local initiatives including the Mental health Assoc. Men's Shed, HSE projects, Derryveagh Health Forum, Solas project s. Continue the community health development project with HSE and 3 Gaeltacht Community Health Forums, CoH-Sync Project, Community Health Needs Analysis Research Project etc t. Organise a local disability awareness workshop to promote achievements, develop tourism potential with SICAP resources, New Halla Mór 	<p>3 local awareness events, workshops and research project. Practical local improvements in collaboration with local groups Organise at least 12 support actions including work placement/experience, sheltered employment opportunities & enhanced employer awareness Supported programme for 3 Health Forums Completed Health Needs Reports for all Gaeltacht areas in Donegal</p> <p>Winter workshop on disability inclusion along with Parish Development and New Hall</p>	<ul style="list-style-type: none"> (i) (ii) (iii) (iv) (v) (iii) (v)
5. Information and Representation	Promote active citizenship through information and local representation	<ul style="list-style-type: none"> u. Develop the Glór don Phobail as a local information resource with Welfare rights, education and health features. v. Develop the free community Internet Access Service for Access to rights& entitlements information w. Develop and deliver Béal an Phobail project – with film, community workshops etc. In tandem with An Plean Teanga x. Continue to implement and develop Irish Language policy and identify local supportive actions that complement grassroots language development y. Continue to support and engage with An Plean Teanga committee and its work. 	<p>Monthly bi-lingual community newsletter</p> <p>Extended public information service</p> <p>Gaeilge promotion through SnaG fortnight (Youth and Adults)</p> <p>3 distinct local language initiatives (Ag Obair fríd Gaeilge, Béal and Youth etc)</p> <p>Full participation in local work plan delivery and Pleanáil Teanga Committee</p>	<ul style="list-style-type: none"> (i) (i) & (ii), (iv) (ii) & (i) (v) (ii) (ii)

Crosscutting Strands

As well as the 5 themes as outlined above, there are a number of cross-cutting aspects that will inform our work.

- (i) **Community Development Practice** – the development of collaborative and partnership approaches with local and county-wide stakeholders, to impact positively for the most socially excluded and those most distant from the labour market
- (ii) **Promotion of use of Gaeilge** supporting An Pleanáil Teanga under the 20 Year Strategy and through bi-lingual publications and our activities. These activities would include building bi-lingualism into our general work and developing complementary local language actions. We updated our Language Policy at our November Meeting in 2015 and have a number of clear language-based actions in the 2016 workplan. We will also establish and resource a bursary scheme to subsidise the study and exam fees for Irish language tuition for staff, trainees and project volunteers. Also now placing our Irish Language work and Plean teanga work on the agenda of every Board of Directors Meeting
- (iii) **Health And Wellbeing** – Supporting community involvement in a range of local health promotion and positive wellbeing strategies in partnership with the Community Health Forum, the Primary Care Team, TUSLA and the Health Service Executive
- (iv) **Economic development:** the social economy, environment and tourism – Promoting community engagement in economic activities, particularly in developing local sustainable, renewable and environmentally conscious initiatives
- (v) **Equality, Intercultural Awareness and Inclusion** – Promoting an Equality framework and programmes through education and inter-cultural initiatives

These proposals have been developed in consultation with the board and staff of Pobail le Chéile, with our extensive team of experienced volunteers and through focus group discussion with a number of participant/client groups in Cloughaneely. The proposed workplan was tabled at the December meeting of the Board of Directors of Pobail le Chéile on 06/12/2017.

The company undertakes to ensure that both staff and trainees are offered (and in the case of core staff they uptake appropriate Irish language accredited training under the TEG scheme). This will also be offered to volunteers and the company will resource the tuition fees of all Irish language students applying for the study bursary scheme (See (ii) above).